

the thought field

Big Moves, Changes and Expansions in TFT – Get the Scoop Here...



Volume 24 Issue 10

During this last year, and primarily over the last 3 months, there has been much going on with TFT and Callahan Techniques. There has been a big move, new events, a restructuring of the training paths, and new staff.

As many of you know, our office manager of 15 years, Christine Trautner, retired and had moved to Wisconsin to be with her children. She thanked you all for your well wishes. At the same time, Sheila, who had been with us for over 10 years, had just taken another position with full time hours. So we became exceedingly short staffed very quickly. We apologize for any inconveniences you may have experienced during this time.



Even with this obstacle, we were able to launch an amazing new event, our first-ever Well-Being Retreat in September. See the article and pictures in this issue and share this exciting event with us.

All these things and more said to me, "it's time to make a big move and create a new path for myself and TFT. In October I moved my home and our primary place of business for Callahan Techniques, LTD. to beautiful Virginia. I am just next to the beautiful Synchronicity Sanctuary where we held our first Well-Being Retreat.

I will be having many more Well-Being Retreats here, where we can combine the many complementary healing tools available with state-of-the-art tapping to facilitate deeper, faster healing at the physical, emotional, mental and spiritual levels.

We welcome on board a new office manager, Caroline Avant. She is a lady of many talents, some of which include yoga and meditation and complement TFT and our ultimate well being. As there is an ever-increasing awareness as to the importance and benefits of both, she will be writing regular articles for the Thought Field giving tips, answering questions and further educating us.

Together, with some of our top TFT leaders, like Mary Cowley, Ngub Nding, and Leandro Percario, we will be holding regular Well-Being Retreats throughout the year. I will also be offering Private Well-Being retreats for families, groups and corporations. To learn more about these transformative sessions, see the brief description and article about last September's event. We have leading-edge technology and assessment tools as well as training, treatment and healthy lifestyle programs, all in an amazing location. This Retreat is the ultimate in our new Self-Empowerment Path for anyone wanting to transform their life.

Our new mailing address is: Callahan Techniques, Ltd., PO Box 724, Nellysford, VA 22958. My email has remained the same, joanne@tftrx.com. I was able to keep our same phone numbers so you can still reach us at the office: 760 564-1008. We did have to change our fax number which is now: 434 266-0595.

Caroline's email is Caroline@tftrx.com and she looks forward to hearing from all of you.

Two Paths to Using TFT for Better Health and Well-Being

Below is a brief synopsis of the new training structure and our Two Training Paths. While one is geared toward professionals and the other to optimal self-empowerment, they are both open to all as many professionals also desire self-empowerment and many others enjoy the structure of a professional format.

As we continue to expand around the world and tapping begins to take it's place as a leading tool for improving success in our practices and the healing of ourselves and family, we looked to you, our customers to see what you want and need the most. We spent the last year testing out some new models and surveying to help direct our focus. We will be launching the following two paths in January 2016. They will be highlighted here and described in more detail during the launch.

For TFT Trainers and Practitioners:

Algorithm Level: The Basics

(can be 1 or 2 day events)

Diagnostic Level: Intermediate

(2 days, Boot Camp or Diagnostic Workshop)

Optimal Health: Advanced

(Voice Technology. 3-day live event)

TFT as the Ultimate Self-Empowerment Tool

Algorithm Level: The Basics

(available online or live)

Diagnostic Level: Intermediate

(available online or live)

Well-Being Retreat

Ultimate self-empowerment

(5-day live holistic healing experience)

Note: I give a brief summary of our new Well-Being Retreats in this issue. We have 5 planned for next year, in the USA, Brazil, France and the UK. These are open to families as you will see in our wonderful photos from September.

All trainings are regularly listed and updated on our training calendar: <http://tfttapping.com/training>



The Passing of a Wonderful Woman: Christine J. Trautner

Christine (Chris) Trautner passed away on November 17, 2015. Chris had retired last June with a diagnosis of COPD.

According to her husband, Andy, Chris had lost consciousness a day before and never regained it but lapsed quietly Tuesday night. She is survived by her husband Andy, their two beloved Aussies, Bandit and Brandie, and her sons and Rusty and Tom and daughter Angie and 7 grandchildren.

Please hold her and her family in your thoughts and blessings. She served so many of us in the TFT community for many years. We will miss her tremendously.

TFT AROUND THE WORLD

Joining Forces Across the Atlantic to Restore Lives: Research, Education and practice for Military and Veterans Health

Phyll and Howard Robson attended the above conference on 2nd October 2015, held in Grange-over-Sands in the UK.

The meeting was organized jointly by the University of Central Lancashire, and the College of Nursing of the University of South Florida, with considerable contribution from the armed forces from both sides of the Atlantic.

A poster of ours outlining our research in Uganda, of the benefits of TFT to treat PTSD had been accepted. An oral presentation, reviewing the overall benefits of TFT for the treatment of PTSD, had been also been accepted in which we were co-authors, mainly reviewing the research from Rwanda. Unfortunately, Suzanne was unable to attend the meeting, so we presented this also. Both the presentation and poster provided an opportunity for interesting discussion.

Other presentations and discussions reviewed the history and epidemiology of PTSD, discussion with some personnel who had experienced trauma and the organization of veterans services, there being undoubted problems once personnel had left the military. As well as TFT, evidence for the benefits of EFT and accelerated resolution therapy was presented.

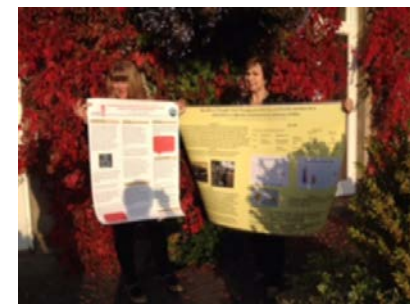
Although PTSD may be less common among UK compared to US veterans, there is a significant problem of alcoholism amongst UK veterans, and we heard some of their experiences. We initiated an interesting discussion regarding the alcohol culture of the British military, which a senior officer said is no longer a problem. In confidence to us, a more junior health care officer, who had just presented, admitted to us that there had been no improvement in the situation.

Overall we gathered that there were still considerable problems amongst veterans that were not being addressed, although various charities were striving to address at least some aspects. Clearly there remains an unmet need and TFT has much to offer, but there is a reluctance to accept this by the military.

The conference dinner and other informal discussion provided a useful opportunity for networking.

Phyll and Howard received many positive comments and have agreed to keep in contact with other attendees and presenters, including a local substance abuse center focusing on combat stress, a major veteran charity.

Dr. Howard Robson
and Phyll Robson
at the UK Vet and PTSD
Conference in October



Dr. Howard Robson is presenting in the above photo and Phyll Robson and Dr. Boath are displaying their well-received posters. Howard did an excellent presentation. Phyll spoke of how TFT could be used to support Veterans who end up in the Criminal Justice System.

CASE STUDIES

Report of a Psychological Support Experience Using TFT

Floods at III Region, Copiapó, Chile - May 2015

The purpose of this paper is to describe briefly the experience of one week of mental health workshops with a company's employees and their families who were suffering from the effects of a devastating flood.

The events happened in Copiapó, Chile, located in the III Region, 800 kilometers north of Santiago, Chile. On March 23 and 24, 2015, there were 4 floods that caused much destruction. There were a lot of people who suffered damage or loss of their homes, household goods and even some deaths.

After the flood the community itself responded to the basic needs in three major groups; families, neighbors and co-workers. There were no governmental social services available during the first weeks.

Considering this situation, a company asked a team of specialists to provide some help to their workers and their families. Thought Field

Therapy (TFT) was chosen as the most appropriate tool to provide a quick and effective healing experience. The group of mental health professionals asked for some advice from a TFT expert, Mariela Prada, to design an adequate trauma relief algorithm, which was part of the workshop program.

The team designed a workshop with three areas of intervention to work with them: emotional education, trauma healing tools and networking analysis. The workshop included the TFT algorithm, a relaxation routine, and a working group analysis of individual and social resources.

For a period of five days there were 8 workshops and 75 attendees who shared their experiences. They learned about trauma and learned a routine to deal with anxiety. The people followed the instructions in spite of never having seen anything similar to TFT. They practiced the TFT technique without any resistance. They demonstrated they felt relief and gratitude. Their faces at the beginning of the workshop showed anxiety and tension. At the end of the workshop their faces showed relaxation, and some were even smiling. It is interesting to note that the therapists experienced the benefits of tapping as well. Because they were using the tapping itself during demonstrations they felt energized instead of exhausted.

The final evaluation of the workshop showed a level of success. This was a single intervention with no plan for a follow up workshop. This was a time of peace and reflection about the tragedy and time of recovery after the flood. Each one learned something useful and maybe they will use tapping again. - Mariela Prada, PhD



CASE STUDIES

Why Would You Want to Take the Algorithm Certification Course?

A note and case studies from a recent algorithm course graduate says it all.

Hi Joanne. I am submitting my 3 case studies. I have completed the test on line. I am so impressed and inspired by this course. It was clear, and well thought out and taught. I am a lifetime TFT fan. Thank you so much for making this course available on line.

I look forward to receiving my certificate from you...

CASE 1

Client 1a: 1a is a 40 year old male with emotional seizures, PTSD, anxiety disorder, schizoaffective disorder. When he gets very anxious, he starts to hear voices that tell him he is no good and no one likes him; he gets flashbacks of his childhood when his father beat him.

I have known 1a for several years; he has caseworkers, a psychiatrist and a neurologist on his team. I have spoken to each of these professionals and have been encouraged to try tapping with him.

I could see that 1a was upset; his face was red and his eyes were wide and had an intense look that I recognized from past experiences. He said he was hearing voices that were telling him he was no good. I could tell he was close to having an emotional seizure. 1a had some tapping experience with a former therapist.

I did the algorithm for anxiety: e, a c.

I chose this algorithm because it was simpler and I thought it had the best chance of reducing the SUDs.

• Baseline and intermediate SUD(s) - 8

I did the simple PR first thing right off the bat, because I did not know how long I could hold 1a's attention, and wanted to be as effective as possible as soon as possible

• Final SUD(s)

1a's SUDs went right down to a 1

After 1a's SUD went down to a 1, he was able to think of the myriad supporters and loved ones in his life; he was able to name his family and friends who love him; he was able to think of something he could do that day that was both good for him and fun; he was smiling. He was able to see that he could get through a tough time like he had just done.

I am very happy to have TFT in my tool kit; when 1a was so anxious, talk therapy may not have been able to reach him. Tapping was the thing that got him to readjust his body and mind.

CASE 2

Client 2b: Client 2b is a 50 year old alcoholic male; has been addicted to alcohol since his 20s; has had numerous attempts to stop drinking; used alcohol to "solve" all of life's problems. 2b has very few skills to self soothe; his anxiety levels are off the charts. I have worked with 2b for 18 months.

This session occurred 2 weeks post medical detox from alcohol.

2b was extremely anxious as evidenced by crossed arms and legs, stiff and raised shoulders, shaky hands, wide eyes, reports of excessive worry thoughts.

I first chose the anxiety algorithm: e,a,c, 9g sq.

• Baseline and intermediate SUD(s) - 10

There was no reduction reported after the first round of treatment.

I did Specific PR and then I did the environmental toxin (if) correction, as he smokes cigarettes.

• **Final SUD(s)** - 2b's SUD went right down to a 1
2b's shoulders went down, he stopped shaking. He said, "I feel amazing. This is awesome." He found it hard to believe.

This was a quick, palpable and observable difference. I was shocked myself. When I saw 2b at his next session, he told me he told his Primary care doc about this, and the doc was happy for him, then the doc referred him to a free Tai Chi class being offered in town.

I suspect we may have more underlying problems to address, but 2b has a great start to living a sober life

CASE 3

Client 3c

3c is a 52 year old male with chronic pain and extreme anxiety; he has been on strong opiates for 20 years; he is on a taper via his prescriber, because his tolerance was going up and he wanted alternative ways to manage pain.

I first called his doc and described the type of pain management I wanted to do. The doc said there seems to be no contraindications to treating the pain with tapping.

I decided to treat 3c for trauma first, as 3c's pain started with an abdominal injury and subsequent surgery. I asked him to think about the trauma

• **Baseline and intermediate SUD(s) - 6**

His SUD went down to a 5, so I decided to do a simple PR, then repeat the trauma algorithm.

• **Final SUD(s)**

3c's SUDs went right down to a 1.

I then did the floor to ceiling eye roll on the gamut spot.

Next, I measured his pain level on the SUDs. It was a 7. We did the protocol for pain, and 3c reported that his SUD went down to a 1 -2. He was very pleased.

3c did not think his past abdominal injury and subsequent surgery was "a big deal". When he described it to me at first, he had little affect. I suspected there was some repression going on. He said his injury was "in the line of duty", and now he is glad he is aware of how it was holding him back

Though I have only been exposed to TFT for a short time, I can't imagine working without it. The amount of relief my clients have experienced is so rewarding.

I have practiced EMDR since 2002. I now prefer to use TFT.

[Click here for details on The Official Thought Field Therapy® Online Algorithm Course](#)

ANNOUNCEMENTS:

Dr. Jenny Edwards has completed a qualitative research article, "Healing in Rwanda: The Words of the Therapists" which is due to be published in The International Journal of Healing and Caring (On-Line) coming out in January. It covers the PTSD study and work done at the IZERE Center in Northern Rwanda in 2009.

Suzanne Connolly, LICSW, has also completed a summary article for the same publication. Watch for full details about them in the upcoming Tapping for Humanity issue next month.

Introducing Our New Office Manager and Customer Service Specialist: Caroline Avant (and Diesel)

I am delighted to introduce our new office manager, Caroline Avant. I am grateful she has agreed to join us and am sure you will all feel the same as you experience her calm presence and attention to details. Her email address is: Caroline@tfrx.com. I asked her to give me a brief bio of herself and she has shared the following with us. Please join me in welcoming her.

"Born and raised in England I immigrated to Australia at 23 whereupon I returned to University and Studied Social Science and Community Development. I met my spiritual mentor soon after and devoted my life as a monk to a holistic lifestyle which included yoga and meditation as a vehicle for deep inner exploration. My roles over the years were creating and running a holistic retreat center

in Byron Bay Australia and then upon my move to the Synchronicity Sanctuary in the US in 2002 I assumed a role as Retreat Coordinator, Outreach Program Organizer and mentored many people regarding their meditation experiences.

Three years ago I moved out of a monastic context and now live with my partner Robert and Diesel our Yorkshire Terrier. I continue to teach yoga, mentor people in their meditation experiences and I feel very blessed to be working with Joanne and the TFT community."



Note: I would like to thank Sheila Crouser for her 10+ years of service as support to Callahan Techniques and ATFT and the TFT Foundation. She will be continuing in a limited role for the TFT Foundation, primarily supporting and facilitating the TFT Foundation's Freedom R & R's program and the Timeshares for Vets. As a Vet herself, she is excellent at working with this population and assisting the foundation in their work. Her email address is Sheila@TFTFoundation.org

HOLIDAY SPECIAL

Give the Gift of Thought Field Therapy

There is no better way to say you love and care for someone, than to give the gift of well-being. This year, we have put together special holiday bundles with special pricing...

[Click Here for Full Details!](#)

WELL-BEING

Life Transformative Retreats!

Our first-ever TFT Well-Being Retreat was held September 7-12 in the Blue Ridge Mountains of Central Virginia at a beautiful retreat facility—one that I know and love. Also, this is where I have now made my home.



I've long wanted to hold retreats where we have the time to provide both TFT training, treatment, and full assessments along with supporting lifestyle and healing modalities – allowing us to send the participant home with a plan for improved well-being and tools for continuing that path. This first retreat was an amazing success. Take a quick look at the photos from September.

It was the first-of-its-kind of program that introduced the participants to experts in various lifestyle enhancing modalities. The small-group format provided an unmatched level of personal attention to their physical, emotional and spiritual health. [Click here to learn more and join us in one of our upcoming retreats in 2016!](#)



We had a broad spectrum of individuals from around the world, doctors, psychologists, nurses, house wives, business administrators, personal development trainers and researchers. They came from the UK, France, Canada, Brazil, and the USA.

See their smiling faces and hear what some of them had to say about their experiences.

Howard: "Having come here it has really lived up to and beyond expectations. The whole ambience of the place, the staff, the environment and of course the people of the TFT community. The environment with the woods is extremely peaceful."

Patty: "I have experienced quite an awakening in myself."

Judith: "I feel more settled, I feel better, I feel brighter, I'm just enjoying myself more. I feel more joyful than when I first got here. I definitely want to come back."

Ngub: "I came with my new wife and baby of just 5 weeks old because I wanted them to experience something different, something that would be a journey inside, our own inner paradise."

Science, ancient knowledge and personal experience coming together is really what I was looking for and this is one of those rare places where I really found it!

The environment here at the Synchronicity Foundation, here in Virginia, is one of those few places in the world where in the general energy you are just going to feel better. With the High Tech meditation and the TFT, all this comes together and for me its been an incredibly positive experience."

Leandro: "In my work I forgot to treat and care about myself. I came with weak energy. During the High Tech meditations and during the TFT sessions I got this transformation just in the first day. I really got relief from what was putting me behind."

The combination of High Tech meditation and TFT and all the other protocols they have here it has been amazing!"

Kevin: "What is taught here is so empowering. The experience brought me to a much more peaceful, relaxed, happy, excited, joyful life."

The TFT helps release the things the High Tech meditation brings up and they co-exist together so beautifully that I would highly suggest it to anyone in the world to experience.

I came with an open point of view but it has exceeded my wildest expectations. The staff has become family in just a few short days. Hopefully I'll be back here many times. Thank you, I really mean that with all my heart."

[Click here to learn more and join us in one of our upcoming retreats in 2016!](#)



High Tech Meditator's Toolbox

When people first start to meditate there are 3 common initial reactions that I have heard time and time again in my role as a meditation facilitator. In this post we will explore the first point which is:

Am I doing it right?

I hear this in the inverse too, 'Am I doing it wrong?' Rest assured that you cannot do it wrong! Yes, you heard it here folks, you cannot do High Tech Meditation wrong.

So given this celebratory fact, let's cover the basic points in how to go about sitting for meditation.

1. Sit down in a position that is comfortable for you. Most Westerners aren't accustomed to sitting in Lotus position on the floor like Easterners and Yogis so yes, it is fine to sit in your favorite chair and be comfortable. Initially the thought of sitting comfortably in your favorite chair will help to inspire you to come to the meditators seat. If you can sit on the edge of your chair without back support that is preferable. If not, that is absolutely fine also.

Why is it preferable to sit without back support? It allows the free flow of energy up along the spinal pathway. Meditation will activate this life force energy through the subtle pathway called the Sushumna Nadi. The Sushumna Nadi is a Sanskrit term used to describe the central channel within the subtle body. It is a channel (meridian) of energy that flows vertically, along the course of but slightly in front of the spinal column, from the perineum to the crown of the head. If your body is not strong enough to sit unsupported or you have physical challenges the energy will still be activated (you still can't get it wrong!) However, you will not be using the energy in and of itself to develop the strength in your core to develop unsupported sitting and it may be harder to stay wakeful and present in your meditation.

2. Put your earphones on and listen to the Synchronicity High Tech Meditation soundtrack of your choice. Yes, it's that easy, just listen to the music! The embedded technology within the soundtrack is balancing the hemispheres of the brain into either alpha, theta or delta brain wave frequencies depending on the soundtrack that you are listening to. All of these frequencies are harmonically coherent to your whole being. You don't have to do anything, the soundtrack is meditating you!

3. If you find yourself with a busy mind or feeling emotional or physical disquiet during your meditation, congratulations, you are the same as everyone else who has ever sat to meditate. This disquiet is meant to become visible to you. To balance this, experiment with a focusing technique that works for you. Such techniques would be using the simple anxiety algorithm (this works wonderfully for quieting the mind, be sure to correct reversals or blocks to having a quiet meditation). Other techniques would be to listen to every note in the music; watching or counting the in and out breaths; bring into your awareness something that you feel gratitude for and flow that feeling into your breathing; use an affirmation to balance the opposite of what you are actually feeling and repeat it inwardly to steady the mind.

When you find your mind wandering back to the disquiet, just notice this without judgement and come back to the focusing technique of your choice.

To really maximize your meditation experience try a little exercise or movement that increases your heart rate and circulates your energy before you sit to meditate. You will find that even just 5 or 10 minutes of movement will create a smoother entry into sitting.

Remember, even if you are having a challenging meditation you are not doing it wrong. Practice being with what is showing up for you, choose a focusing technique, stay with it, relax and enjoy the ride!



NEW APPROACHES

That's IT

In my traumatic stress recovery work I often see how hard it is remember to tap when all the nasty symptoms have been triggered. Having words to remind us of what is going on and what to do, can be very helpful. In my training workshops you will hear me say- *"What is IT? That's IT! Now TIT for TAT"*. Phrases like these can become cues for taking action.

When we tune to a thought field we want to know the Subjective Units of Distress (SUD). When looking at this sensation of something is wrong the question we ask ourselves is **"What is IT?"**

A good place to begin to answer this question is to recognize **IT** often stands for Incident Trigger. Are you tuned to a traumatic stress incident from the past that is being experienced in this moment? Often **IT** is confusing and difficult to see clearly because of the accompanying reactive state stimulated without conscious awareness when exposed to this reminder of the past.

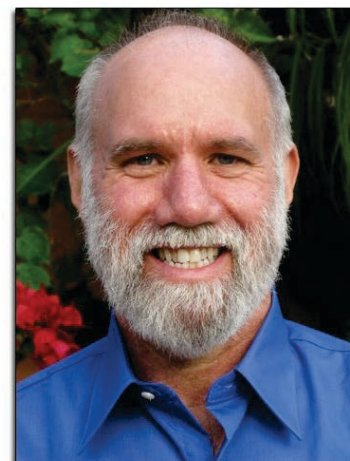
Once tuned to a thought field we may say **"That is it."** In this case **THAT** stands for There And Then. So recognize what you are feeling is a traumatic stress response – and you have come across a There And Then Incident Trigger. Tapping will bring you back into the present moment and end the automatic negative responses.

Ever heard the phrase **"Tit for tat"**? This generally means **"This for That"**. So **TIT for TAT** reminds us to Tap Into current Time when we are There And Then to get IT gone.

Come to a Basic TFT workshop (Algorithms) or an Intermediate TFT workshop (Causal Diagnosis) led by me and share more mnemonics, prompts, and cues for taking action with TFT for faster positive change in our lives.

I have a Boot Camp (basis and Causal intensive) November 21 and 22 in San Diego CA. Some additional dates are below.

The full TFT training calendar is here: <http://tfttapping.com/training/>



Dr. Robert Bray

TFT Training Calendar:						
Date	Description	Instructor	Location	Phone	Email	Website
Nov 26-27, 2015	Boot Camp	Joanne Callahan, MBA	Sydney, Australia	760-564-1008	Chris@tfttx.com	http://www.rogercallahan.com/bootcamp/
Nov29-Dec1, 2015	Optimal Health	Callahan Techniques, Ltd. Joanne Callahan, MBA	Sydney, Australia	760-564-1008	info@tfttx.com	www.rogercallahan.com/vt
Jan. 23-24, 2016	DX (Intermediate)	Robert Bray	San Diego CA	760-564-1008	rlbray@rlbray.com	
Jan. 29-31, 2016	Optimal Health	Callahan Techniques, Ltd. Joanne Callahan, MBA	San Diego, CA	760-564-1008	info@tfttx.com	www.rogercallahan.com/vt
Feb 18-21, 2016	Well-Being Retreat	Callahan Techniques, Ltd. Joanne Callahan, MBA	Brazil	760 564-1925	Joanne@tfttx.com	BY APPLICATION ONLY
Feb 20, 2016	One Day Algo (Basic)	Robert Bray	San Diego CA	760-564-1008	rlbray@rlbray.com	
Feb 27, 2016	One Day Algo (Basic)	Fern Wolf	Toronto, ON	905 877-1192	fermarywolf@gmail.com	
Mar. 19-20, 2016	DX (Intermediate)	Robert Bray	Tulsa, OK	760-564-1008	rlbray@rlbray.com	
March 12th, 2016	Algorithm Level	Jacqueline Smillie,	Redlands, CA	(909) 335 1980	JacqueSmillie@gmail.com	

ADDITIONAL TFT HELP

Personalized 30-Minute TFT Tapping Sessions.

An easy and affordable way to get private help. We've set aside a limited number of sessions to work privately with those who want to get a highly focused 30-minute consultation. In this private session, Joanne Callahan will lead you through the individual tapping sequences for your specific challenge or problems.

This is a great opportunity to work with the co-developer of TFT on a one-on-one basis, to get your personal tapping sequence that you'll be able to rely on for long-term relief.

[Click here for more details.](#)

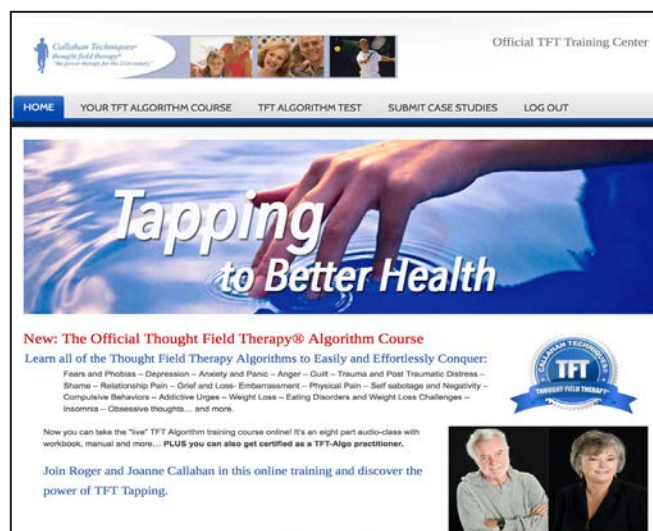


Official Thought Field Therapy® Online Algorithm Course

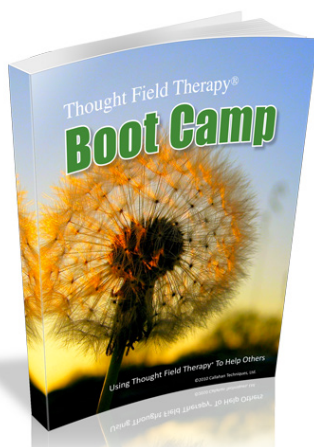
Now you can take the "live" TFT Algorithm training course online! It's an eight part audio-class with workbook, manual and more... PLUS you can also get certified as a TFT-Algo practitioner.

Join Roger and Joanne Callahan in this online training and discover the power of TFT Tapping.

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TFT TRAINING



Now Online: Boot Camp Home Study - On Sale Now!

Our Advanced Home Study Course:

The Easiest Way To Learn To Help Others Using Thought Field Therapy®

The TFT Boot Camp Home Study is for those wanting to experience the training given at the live Boot Camp event, but can't make the time to travel to a Boot Camp. (To get certification TFT-Dx you'll need to attend a live event.) Our ALL NEW TFT BOOT CAMP HOME STUDY takes the best of each level of TFT and puts it all together into one comprehensive program you can learn at home. [**Get more details here.**](#)

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THE THOUGHT FIELD

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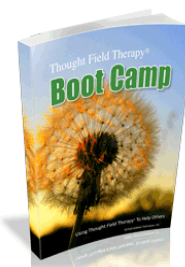
Thought Field Therapy® **Boot Camp** Callahan Techniques®

The Boot Camp combines the basics of TFT-Algo and the full TFT-Dx training into an intensive 2-day course, saving you both time and money.

This Boot Camp is hands-on training, practice and live demonstrations. Attendees have the chance to work on personal issues and many experience resolution of these issues during the weekend. Attendees receive all the materials included in the Diagnostic Training. This material allows you to diagnose and determine the precise sequence of tapping required to quickly help most psychological problems and daily stresses. CE's available.

Join Us At A TFT Boot Camp Near You

www.RogerCallahan.com/bootcamp



"I have heard so much about the power of TFT and want to be able to add it to my practice, but I don't have the time or need to learn all the levels of training and comprehensive theory. Can't you just give me the most effective tools to add to my practice."

I would like to thank you for a life-changing weekend! Since I learned my first algorithm my life was never the same! Now I can't imagine living the rest of my life without TFT! Your instruction and guidance is very much appreciated! I'm proud to have joined such a wonderful organization and I do believe we will change many more lives together! Marjorie Alayon