the thought field

Volume 23 Issue 5

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What are the "Tools of the Trade" for Thought Field Therapy (TFT) Practitioners?

While none of the so called "tools of the trade" for TFT are needed in order to do an effective job, there are several tools that we have used over the last three decades that can greatly enhance our skills, increase our success rate, maintain improvement and improve overall well-being.

The internet description of tools of the trade is as follows:

> **** tools of the trade; also the tools of somebody's trade:***
> *the things that are needed in order to do a job Eileen's dress-making shop had buttons and thread and needles and scissors, all the tools of the trade.*

Tools of trade is a term generally used in bankruptcy law to determine what property a person would commonly use for the purpose of making a living, as items that are tools of trade are separately exempt from attachment with an additional amount above that normally given for a person's property.

The TFT tools that I am going to share with you are applicable to all levels of TFT users. They are a combination of both time-tested tools that Roger discovered over 30 years ago to some that are just being introduced and even some that we are currently testing and not even available to the public.

One of more of these tools can be beneficial to everyone:

- Individuals – those just using TFT for themselves
- Those who are using it for themselves and sharing it with family and friends
- Practitioners at all levels of TFT to improve their results with clients
  - Algorithm – helps to sustain results, eliminate blocks
  - DX – improve diagnostic process
  - VT – enhance creativity and intuition
- Trainers – create a much improved teaching environment, facilitate learning

I have broken the tools down into general categories. Then I will offer a brief explanation about them and where you can find them. We have teamed up with some of the companies and carry them on our web site for those who have difficulty locating them (they are linked in this newsletter). However, they are nearly all available in the market place.

Some of the articles and cases in this newsletter will discuss the importance and ways of use. I will reference these after each tool.

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Tools for use associated with Reversals, Self-Sabotage and Negativity as well as Toxins

- Voltmeter – see "For Better or Worse…." By Amanda Moser
- Rescue – "For Better or Worse…." , article on Aging
- Zeolite – "For Better or Worse…."
- Homeopathic Cell Salts – one of Roger's original corrections for psychological reversal
- HRV – see my comments

Tools for improving skills, balance and intuition

- High Tech Meditation – articles by Julie Cowley and Mary Cowley
- HRV – "The Intuitive Heart" by Rollin McCraty, PhD and Doc Childre
- NOW CD – neutralizing environments for trainings – my comments

Tools for improving overall health and well-being

- Progurt (probiotic) – comments by Norma Gairdner, HD, TFT Adv
- High Tech Meditation – articles by Julie Cowley and Mary Cowley
- Free Intro Course on the internet 8/23
- HRV monitoring and/or new measures for self monitoring now available – my comments

Before we go into the tools, let's just see a quick example of how effective TFT can be on it's own. And, how quickly one can change a difficult health reaction with TFT VT.

One of our Optimal Health practitioners sent me the following note and photos on eliminating hives:

Hi Joanne,

I wondered if you would be interested in these photos. I have discovered (using TFT) that I have a reaction to cured meats. Last night I went to bed and my legs felt itchy. As I got undressed I noticed my legs looked like the first picture, absolutely covered in hives from above the knees, down to the ankles. I immediately started testing all that I'd eaten and realized the chorizo in my evening meal was a toxin to me.

Having taken a picture of my legs covered in hives to show my Doctor before the treatment, I then looked down and noticed it look somewhat reduced, I finally finished my CB2 (collarbone breathing exercise) and looked down and my hives had disappeared and my legs were left a bit pink but that's all. No itching or bumps and I was able to go straight to sleep with no further problems.

I thought I'd share the photos so you can tell people how effective it can be for hives and have the photos to prove it if necessary. I was so pleased to have before and after pictures that they went straight on my Facebook page and people were very impressed. All in all they were gone in approximately 10-15 minutes because I was testing all the different foods that day. If I had known it was the chorizo straight away, it would have taken less than 5 minutes.

And now for some examples with TFT and tools of the trade. The healing accomplished in this next case was possible, first because of the voltmeter and Rescue detecting a specific PR and then the TFT treating it and the Zeolite mineral (Waiora brand) eliminating offending toxins.

This is an excellent example of profound healing of an "incurable" condition responding to TFT and the tools of the trade...

For Better or Worse, Life Can Change In a Blink

"It's incurable," doctors told me, as I realized I might have to live with this ridiculous disease forever.

Like something from a bad movie, they diagnosed me with *Blepharospasm*—a neurological disorder which is a form of dystonia or sustained muscle contractions. The symptoms at the time, which specialists assured me would get progressively worse, were spontaneous eye closure—which doesn't sound like much, but in effect leaves one blind for minutes at a time.

The only treatment available was antispasmodic tablets, antidepressants and Botox injections in the eyelids.

Now, I know to some people the opportunity of having Botox treatments for free sounds like a good one. But trust me. I have been injected at three different hospitals and the results can be quite alarming. Nobody warns you that Botox can, and frequently does, migrate beyond the injection site. The side effects ranged from not being able to close my eyes fully at night to not being able to open them enough to see during the day—to not being able to eat or speak properly, because the Botox had drifted down my face and I was semi-paralyzed for two months.

After 18 months of this horror, I decided to stop the injections and medication as neither were having a positive effect. On top of everything else, I had now developed a slight clenching of the jaw and a nodding of the head—very attractive!

The future was starting to look fairly challenging. We live in the country; no public transport, no village shop. I was just establishing myself as a Life Coach and NLP Master Practitioner, but not only was I sending clients to sleep because of my eye closure, I was also missing all the body language. Each session became more tiring, and it soon became clear that I would have to give up my livelihood. Even if we moved into town, would life be any easier?

It looked unlikely, and negotiating a busy pavement or shop was exhausting.

By now I was finding even socializing with close friends a strain. One doesn't realize how much information is gained visually—a look, a raised eyebrow, body language in general, even lip-reading to a small degree in noisy surroundings.

I could feel myself becoming more and more isolated.

Near the beginning of my illness, I had been introduced to TFT by Paul McKenna when I assisted at one of his trainings. I had subsequently completed the basic TFT practitioner's course and was eager to study more. At that point, I had no idea what was still to come in my life—nor that the following year the Callahans would return to Europe where I could complete my training.

My life was getting more and more limited. I could still read and cook. But not much more. My husband, who was worried and depressed about our future and felt trapped in his job, talked about how we could adapt to our new way of life and perhaps make a new start someplace else. Sadly, we never got to make those plans. After months of depression and six weeks on Prozac, he hung himself in the garage.

That winter was difficult for my sons and me. My older son reluctantly returned to University, but the younger one had already decided not to go. He stayed at home, took a job at the local cinema in the evenings and became my driver and companion during the day. The Blepharospasm prevented me from being able to watch television—something to do with the frequency I think—and although I resisted all offers of medication, I admit to finding solace in the odd bottle of wine. Fortunately it didn't take too many months to realize that the more I drank, the more I cried—and the more I cried, the more I drank!

PR Measurements
Model # 2200039 –
Radio Shack

Although I didn't know it at the time, our luck was about to change when I received the news that the Callahans were due to conduct another practitioners course in Dublin. Though I could hardly get around by myself, I booked without hesitation and trusted that something would turn up. Incredibly, just two weeks before I was to fly to Ireland, I met someone who was on her way home to Dublin. She immediately offered to collect me from the airport, and generally keep an eye on me during my four-day stay in Ireland. Although I was making every effort to retain some of my independence, without her help I would have been exhausted by the journey and might well have missed some of the lectures.

If I am to be honest, I was in no state to understand the course, but I did get the chance to work with Bob Bray who, through TFT, managed to make me feel remarkably better about the loss of my husband and my huge fear of our future—both financially and in practical terms.

I returned to the UK with a new strength, determined that life was not going to get the better of me. I decided to run a Bed and Breakfast from home and set about organizing local advertising and a website. It wasn't long before we had a reasonably good flow of visitors and a fairly steady income, although lower than we needed.

Another year passed and we were all settling into our new life. The boys were taking on new responsibilities at home. It was a learning curve for all of us as we seemed to lurch from one household drama to another. We all understand the idiosyncrasies of the lawnmower now, where the fuses are, how to turn the water off in an emergency, which appliances can set off the trip switch and how to reset the boiler.

Several months later, the Callahans returned to the UK. Again, I lost no time in booking a place—thinking I would pick up all the information that had gone over my head at the previous training. My eyes were in a pretty bad way, but I had learned to adapt as much as possible, although still found the condition exhausting. Towards the end of the course, Voltmeter, PR and Toxins, Roger kindly stepped in and offered to treat me. **(He used the voltmeter and Rescue to determine where there was a block)** I was overwhelmed and still remember the train journey home with a feeling of anticipation and immense gratitude—somewhere inside I knew that life was really going to change for the better.

Roger and I worked together, **eliminating toxins and dealing with the stress**. I had learned a great deal from Joanne about sourcing chemical-free products and set about replacing everything in the house. I changed my diet and introduced **Waiora (Zeolite) drops**.

Guess what!

Within four months, not only I could see, but I could drive and had the ability to consider working from home again as a therapist. I cannot tell you all what a huge relief this physical change had on our lives. My sons had clearly been worried about "what to do with Mum." I celebrated with my first real drive (in Italy). We were on holiday with friends and I offered to drive down the mountain, in the dark, in a left-hand drive car on a road I had never encountered. The boys were unusually silent until we reached the bottom, where we all laughed and cried at the change of events.

I have not looked back and thanks to Roger, Joanne and TFT, I have been saved from the effects of the most debilitating and depressing illness.

—Amanda Moser

ZEOLITE PURE is unadulterated, unpolluted, all-natural zeolite.

Toxins, radicals and heavy metals have no chance against ZEOLITE PURE's natural formula, which has been scientifically proven as effective across multiple studies. Beyond removing heavy metals and toxins, ZEOLITE PURE balances the pH in the body, preventing the growth of foreign cells.

This all-natural zeolite supplement is available in powder form for those unable or unwilling to take the capsules. Because ZEOLITE PURE is made from all-natural zeolite, the supplement doesn't have any major side effects like most detoxifiers.

Features: The most economical Zeolite detox on the market.

Approx 90 servings per container. Very finely micronized Zeolite.

Click here for Details

Tools of the Trade...
Discover the Details on Their Use.

Our New Tele-class:

I am regularly asked by both practitioners and clients, questions like:

- o What is a therapeutic dose of zeolite
- o Where can I get a less costly and still effective brand
- o Which kind of Rescue is best for my condition
- o Where can I find a voltmeter? And, how do I use it?
- o I've tried to meditate before. How is this different?
- o I am constantly reversed. What do I do about it?

I will answer these questions and many more, sharing how we have effectively used all of these tools, some for decades, to enhance our success with TFT. This will be applicable to all levels of TFT practitioners, helping you to increase your success with clients.

For those of you new to TFT, or new to using these tools, I will be having a tele-class on Thursday, 8/21, at 5:00 pm PDT.

I will cover the acquisition, use and varied applications and how you can use them to enhance your practice, health and well-being.

We all know we can achieve greater success when we do not have negative emotional states. These tools can help you remain free of negative self-talk and maintain your gains.

>> Click Here to Register!

Rescue Remedy – A New Application in Aging Related Conditions

We all know the importance of eliminating psychological reversal (PR), self-sabotage and negativity in our lives.

Rescue Remedy was one of the first tools Roger found to eliminate PR. Many years later, I remember reading in Whole Dog Journal how a holistic veterinarian used it to shrink cancer tumors on dogs. This supported two of Roger's theories, first that Rescue corrected negative polarity and second, that malignant tumors had a negative polarity.

Over the years we have successfully used it for many chronic conditions including arthritic joints, wound healing, and more. In more recent years we have had several practitioners use it on clients or family members to ease the challenges of dementia and Alzheimer's.

It appears that those suffering from dementia experience many states of PR. This could be a manifestation of the disease and changes in the brain. They experience anger, agitation, fear, paranoia and high levels of stress. Rescue Remedy seems to temporarily correct the PR and alleviate the negative emotions. While TFT and tapping can also help these conditions, the PR's can often block the treatment.

Those that have used it say it has been a powerful way to improve the quality of life of the person suffering from the dementia and the care giver as well.

For those of you in the position to test this out, please report back to us as it would be a wonderful, inexpensive and safe way to help this ever increasing aging population.

Rescue Remedy is available in most health food stores and we have it available as well. It comes in many forms and some are not as readily available. We use drops or spray for both topical and ingested use. We also use the pastilles, and the cream. Many use the Rescue Sleep as well.

Contact Chris@tftrx.com to order yours.

Join Us for Our Upcoming Optimal Health 3-Day Training Program…

Over three days...in an intimate group setting, with other practitioners...you'll learn:

- TFT Voice Technology and why it lets you accurately identify a TFT sequence for any ailment.
- Learn all the objective techniques that the TFT VT Practitioners have learned—enabling them to help people over the telephone and non-locally.
- Self-help methods tested and perfected by Dr. Roger Callahan to support the successful treatment of chronic diseases including diabetes, cancer and heart disease.
- How to identify toxins and other sensitivities in your own body—then immediately neutralize their effects, including the elimination of the side-effects of necessary medication.
- **Resonance testing** - a feedback loop to relative reality
- **Have a working template to use TFT to facilitate spiritual growth**, access subtle dimensions and raise consciousness.
- **How to easily stay in the NOW** - increasing presence.
- **Chakra system healing applications** - including the Ancient Egyptian understanding.
- **Learn about new technologies to measure the "Essential Self"** and monitor our health and well-being.

Just imagine how your life, your health and well-being—and your TFT practice—can change once you complete this course. You'll instantly be able to sort out most of life's challenges, often in minutes—whether in person or over the telephone.

Click Here For Details

TFT and High-Tech Meditation

Mary Cowley, PhD, TFT-VT

www.radicalbliss.wordpress.com

The reason I started training in Thought Field Therapy 17 years ago was because I experienced it as an extremely effective tool for healing and relieving suffering. It worked. And it worked with unprecedented speed and safety, which is why it became the basic tool of my therapy practice with others…and with myself. Experience has shown me how truly deep and universal TFT's effects are, impacting all dimensions—physical, emotional, mental, and spiritual.

In 2008, I added another major tool to my toolbox: meditation. I was introduced to Synchronicity High-Tech meditation CDs, and was impressed by brain wave graphs showing the technology's ability to increase the meditative process four-fold over traditional methods. Through my experience over the last eight years, I know that I once again found an exponentially powerful transformative tool. And the synergy of this type of meditation and TFT makes the journey even more fun and extraordinary. My meditation practice has greatly supported and empowered my TFT practice, and vice-versa.

For example, meditation has greatly increased my ability to be objective when practicing TFT, particularly important when I'm doing diagnostics. Dr. Callahan used to say that one of the most challenging, yet vital, aspects of TFT diagnostics was objectivity, and that our own personal beliefs and expectations can influence diagnostic results. Meditation has increased my ability to still my mind and be in a non-personal state. Not only has this benefitted my diagnostics, but also my listening—to simply hear and observe, without reacting--which then better enables me to sense where to go next in the treatment.

This sense—this intuition—has also grown through my meditation practice. I can better "track" clients during sessions, with more creativity. I enjoy the spontaneous and instinctive dance that sessions like these are. It's more fun—and more effective. The intuitive ideas occur not only during TFT sessions, but outside them as well. One example occurred several years ago when an idea suddenly came to me during meditation for a treatment protocol that added a level of complexity, and effectiveness, to my TFT practice. I continue to use this protocol, always open to new "downloads" from the greater intelligence.

The benefits go in the other direction, as well. My meditation practice and the conscious journey I'm on have been greatly supported and enhanced by TFT. A consistent meditation practice, particularly one with the precision and power of Synchronicity High-Tech meditation, can be an increasingly blissful experience, but it also opens us to the perturbations and blocks in our personal "database" that need to be cleared for further development and expansion. This can be experienced as physical, emotional, and/or mental distress. TFT has greatly helped me speed up this clearing process, with far less discomfort. I see it as "turbo-charging" my evolutionary journey.

I cannot imagine my life without either meditation or TFT. They both open me to more Life and the experience of myself as whole, complete, and intrinsically happy. Their synergy is a true blessing.

Free Live Introductory Program – High Tech Meditation

We are pleased to announce live video introductory programs, a new offering from Synchronicity Foundation.

These introductory programs will be offered specifically so you can attend from the comfort of your own home and also invite friends and family. It will be a great way to share what you have gotten from Master Charles and Synchronicity Foundation with other people in your life.

To register, go to: http://synchronicity.org/live-introductory-video-program-tft

The first live introductory video program will be Saturday August 23rd at 8:00 pm eastern time, and will include an introductory presentation by Master Charles (specifically tailored for new people) followed by a live Q&A session. The session will conclude with a short meditation and some closing comments from Master Charles.

Join Mary, Julie and I for this great way to learn about and experience High Tech Meditation.

Using TFT and High-Tech Meditation to Fast-Track Wellbeing

By Julie Cowley, TFT-ADV

Note: Julie is a Certified Synchronicity High-Tech Meditation Teacher, Musician, Singer, & Songwriter

I've been using Thought Field Therapy (TFT) personally for over 15 years and professionally for about 3 years. I have used it to help heal things such as anxiety disorder, panic attacks, traumatic experiences, physical pain, cravings, performance anxiety and a variety of other wellness issues. In addition to the physical, emotional and psychological healings, I've also experienced the power of TFT to assist with spiritual growth and awareness. Coupled with high-tech meditation, it's a powerful force to reckon with.

In addition to being a TFT-ADV practitioner, I'm also a certified Synchronicity High-Tech Meditation Teacher and have begun to guide clients in meditations to assist them in experiencing their natural state of joy, an enhanced sense of wellbeing, and greater peace-of-mind. The Synchronicity meditation music is very effective. It uses sonic technology to balance the two sides of the brain and entrain brainwaves into meditative frequencies - alpha, theta and delta.

The two together, TFT and high-tech meditation, naturally assist each other in fast-tracking improved wellbeing. TFT helps to clear issues that may be blocking one from experiencing a deeper meditative state, such as stressful events from the day or fears about the future. High-tech meditation helps to increase relaxation and generate a blissful sense of well-being. It can also help one access the subconscious and see where there might be limiting beliefs one wouldn't otherwise know about. Using TFT after meditation is great for clearing anything that needs to be processed post-meditation.

If you're looking to include Synchronicity High-Tech Meditation Music along with TFT, here are some suggestions for how to use the two together and get the most benefit:

- Choose one or two soundtracks from the online Synchronicity High-Tech Meditation Music collection and meditate daily for 15-30 minutes, gradually increasing it to an hour/day. Click here for a selection.

- Do the complex trauma algorithm and collarbone breathing before meditating

- Use "**NOW**…The Technology" in the background throughout your day and during your TFT sessions to increase stillness of mind and present-moment awareness

- For those who have completed the Optimal Health Training, I suggest using TFT to clear your chakras before entering into meditation

For me, using TFT and high-tech meditation together has been extraordinarily helpful in my creative expression as a musician, singer and songwriter. TFT helps clear my anxieties about performing and being at my potential and high-tech meditation music puts me in a state of consciousness to receive creative inspiration.

I am now using both to help clients live at their creative potential and experience greater fulfillment in their lives.

If you'd like to schedule a session or learn more, please visit my blog at www.juliecowley.com.

Here's to your happiness!

The NOW CD

This is a new tool that I have only been using since March and has only been available to the public since the end of May. It has great potential for improving our immediate environment.

I thought the best way to describe this and the results I am seeing is to include a thank you note I sent to the developer after our Paris training. We have since used it at a Boot Camp in June and seen similar results. One of the reasons I believe it has such great results is, as stated by the developer: he has got the vertical down to less than 5 % and the horizontal is 95%.

I was so excited when I heard that because that means 95% positive polarity and 5% negative polarity in the sound waves, as vertical is negative and horizontal is positive. While this has extraordinary benefits for meditation, it also has great benefits for life, our environment and health in general. As TFT practitioners we are very familiar with polarity and the effects of negative polarity.

After our Paris Optimal Health training I sent Master Charles Cannon, the developer, the following note.

"Thank you Master Charles for this great new technology, the **NOW CD**. I find it amazing both in a personal and a professional application.

I first experienced it during my teacher's training at Synchronicity. We all felt energized, excited and alert during our training.

Then I used the CD in my three-day Optimal Health class in Paris last month and it transformed our event. Normally in these trainings, the group is tired at the end of each day, especially by the second and third days, as the trainings are quite intensive. This is observed as the attendees leave as soon as we are finished at 5-5:30 and they don't arrive in the morning until right before we start. They also comment on mental burnout or overwhelm.

This group of 26 people stayed until 7-7:30 each evening asking questions, practicing etc. until we literally told them they had to leave the room for the hotel to clean up. On the second and even the third day, most showed up very early, even before I arrived (I always come early to set up and run HRV's).

The understanding, enthusiasm and excitement level was high throughout the entire training, for all, not just a few. About half the attendees were trained by our French trainer who is very enthusiastic so we would have expected some increase here, but certainly not all. And his enthusiasm would not have affected the HRV scans.

All the HRV scans were good and in ANS balance. Our chair of the UK foundation is a cardiologist and he was running the HRV scans for me. He commented several times on this and that we did not have any bad ones. This has not happened in the past.

And, all of this was in spite of the fact that the hotel meeting room was very toxic.

I am very excited about the potential for this as a tool to improve the environment in meetings and to facilitate trainings.

On a personal level, I have been using it in my office. I feel a noticeable difference in my alertness, energy and creativity when it is playing. Sometimes I forget to start it playing in the morning and will notice a lull in my energy. I then start the CD and very quickly feel energized and alert. This is a wonderful tool for all. Thank you!"

You can order the NOW CD HERE. **Please let me know if you do use it and what kind of things you notice, both in your office or in the training room.**

Synchronicity Products
For the Modern Meditator

HRV – as a tool for measuring the effectiveness of therapeutic intervention.

Roger and I, and many of our trainees, have been using HRV since 1999 when we were first introduced to it by Fuller Royal, MD. We have used it in so many ways over the years, first to demonstrate a change due to TFT treatment, but also to alert us to when someone could be very toxic. We have 2 levels of systems from BioCom, available only thru us called TFT HRV (less costly than their main systems). If you have interest in these, email Chris@TFTRX.com.

A newer use for them is to monitor and demonstrate coherence and we have been experimenting with this application, based on a recent research paper by Rollin McCraty, PhD and Doc Childre at the HeartMath Research Center. The study, *The Intuitive Heart, Accessing Inner Guidance to Raise Our Consciousness Baseline* is very interesting and ties HRV and coherence with increasing our intuition. This can increase our skills and perception as we work with clients.

Another study that Rollin McCraty did with others demonstrates the hypothesis that personality traits would be correlated with HRV measures. It was borne out in the results, the authors state in the published work.

All in all, HRV can be a very important measure and useful tool for us as TFT practitioners, especially at the VT and Optimal Health levels.

I am testing out a couple of systems whereby we could get the HRV, ANS, and Galvanic Skin Response measures, improve coherence and the system would be affordable.

The Importance of a Healthy Gut – Progurt

I asked Norma Gairdner, HD, a long-time TFT practitioner to comment here. She was Roger's homeopath and still is mine. She is the one who introduced us to this high grade probiotic. We will have a more detailed description and use in the near future... I always use it when I travel to keep from getting sick.

As many of you may remember, Norma has consistently had remarkable results with Autism and other very challenging cases. We have seen numerous articles from her over the years. Here are her comments on TFT and her "tools of the trade".

The repetitive positive results I get with my clients are typically dependent upon the following:

* correcting Psychological Reversals & resolving past traumas with TFT
* removing any and all offending causes (toxins)
* replacing missing gut bacteria with Progurt - Human Probiotic Isolate
* supplementing needed nutrients based on symptoms
* administering well-selected constitutional and miasmatic homepathic remedies
* doing whatever it takes to get the desired result - including referring, if needed

I would be hard pressed to say which of the above could be safely ommitted without compromising the desired and deeply intended result.

All the best,

Norma Gairdner, H.D., TFT

ADDITIONAL TFT HELP

Personalized 30-Minute TFT Tapping Sessions.

An easy and affordable way to get private help. We've set aside a limited number of sessions to work privately with those who want to get a highly focused 30-minute consultation. In this private session, Joanne Callahan will lead you through the individual tapping sequences for your specific challenge or problems.

This is a great opportunity to work with the co-developer of TFT on a one-on-one basis, to get your personal tapping sequence that you'll be able to rely on for long-term relief.

Click here for more details.

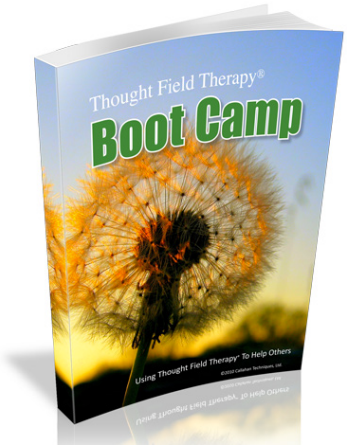
The Official Thought Field Therapy® Online Algorithm Course

Now you can take the "live" TFT Algorithm training course online! It's an eight part audio-class with workbook, manual and more… PLUS you can also get certified as a TFT-Algo practitioner.

Join Roger and Joanne Callahan in this online training and discover the power of TFT Tapping.

Click here for more details... On Sale Now!

TFT TRAINING



Boot Camp Home Study - On Sale Now!

Our Advanced Home Study Course:

The Easiest Way To Learn To Help Others Using Thought Field Therapy®

The TFT Boot Camp Home Study is for those wanting to experiencing the training given at the live Boot Camp event, but can't make the time to travel to a Boot Camp. (To get certification TFT-Dx you'll need to attend a live event.) Our ALL NEW TFT BOOT CAMP HOME STUDY takes the best of each level of TFT and puts it all together into one comprehensive program you can learn at home.

Get more details here. Now available in Spanish - click here.

the thought field

THE THOUGHT FIELD

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Submission Information:

We publish the newsletter six times per year. Articles for submission can be sent to:
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or by email to info@tftrx.com

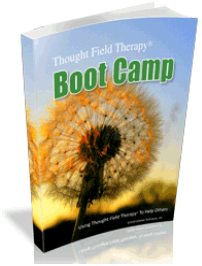
Thought Field Therapy®
Boot Camp
Callahan Techniques®

The Boot Camp combines the basics of TFT-Algo and the full TFT-Dx training into an intensive 2-day course, saving you both time and money.

This Boot Camp is hands-on training, practice and live demonstrations. Attendees have the chance to work on personal issues and many experience resolution of these issues during the weekend. Attendees receive all the materials included in the Diagnostic Training. This material allows you to diagnose and determine the precise sequence of tapping required to quickly help most psychological problems and daily stresses. CE's available.

Join Us At A TFT Boot Camp Near You

www.RogerCallahan.com/bootcamp



"I have heard so much about the power of TFT and want to be able to add it to my practice, but I don't have the time or need to learn all the levels of training and comprehensive theory. Can't you just give me the most effective tools to add to my practice."

I would like to thank you for a life-changing weekend! Since I learned my first algorithm my life was never the same! Now I can't imagine living the rest of my life without TFT! Your instruction and guidance is very much appreciated! I'm proud to have joined such a wonderful organization and I do believe we will change many more lives together! Marjorie Alayon